



"Girl You Got It" BASKETBALL AND EMPOWERMENT CAMP

June 11 • 9am - 4pm



Shantel Hardison
Former WNBA Indiana Fever Player

This unique camp will help campers ages 6-14 learn and refine fundamental basketball skills, while encouraging them to achieve their life goals. In addition to the basketball skills/drills component, all campers will be required to attend a series of age-appropriate workshop presentations. Topics to include:

- Self-esteem / Empowerment / Mental Health
- Substance Abuse and Opioids
- Nutrition Tips / Wellness
- Bullying / Cyberbullying
- Relationships & Dating Violence
- Social Media Platforms "Do's and Don'ts"
- College Recruiting / Eligibility Process

Meals, hydration drinks, and snacks will be provided by Caddo Parish.

All campers will receive a t-shirt.



LSUS
1 University Pl.
Shreveport, LA 71115

Registration fee can be paid with a credit card by phone (318) 212-0221, in person, or with a money order at 2900 Hearne Ave. Suite B, Shreveport. Please make payable to Caddo Parish Parks and Recreation. No cash.

For additional information, contact:

Mary Murphy • mmurphy@caddo.org • (318) 220-6284



**REGISTRATION DEADLINE: JUNE 10
\$20 PER CAMPER**

Register on-line at www.caddoparks.org