

Pitch Hit & Run

JR. HOME RUN DERBY T-BALL CLINIC

RESCHEDULED
NEW DATE ANNOUNCED

Mon • July 1
6pm-8pm

REGISTRATION DEADLINE
June 30, 2024

Ages
PHR
7-8, 9-10, 11-12 & 13-14
JrHRD
11-12 & 13-14
T-Ball
4-6



MLB Pitch Hit & Run (PHR), MLB Jr. Home Run Derby (JrHRD), and T-Ball Clinic are free, one-day competitions that are easy to execute for players ages 4-14. PHR is the Official Skills Competition of MLB – providing youth the opportunity to show off their fundamental baseball/softball skills, and JrHRD is a fun competition that provides baseball players the chance to display their hitting power.

PHR Participants will compete in 7-8, 9-10, 11-12, or 13-14 age divisions.

The Jr. Home Run Derby competition is open to all boys and girls age 14 and under. All participants compete together in one of two age groups, 12U or 14U.

The age cut-off for each division is November 15, 2024

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