

**PROCLAIMING FEBRUARY AS
“AMERICAN HEART MONTH” IN CADDO PARISH**

WHEREAS, February is designated as American Heart Month; and

WHEREAS, the death rate from heart disease in the United States has fallen dramatically since the 1960's, a significant health victory. Heart disease remains a leading cause of death for both men and women in the United States and unfortunately Caddo Parish; and

WHEREAS, we have learned much about factors that contribute to heart disease, how to monitor those triggers, and ways to treat them. We know that individuals can live longer and better lives by refraining from tobacco use, maintaining an optimal blood pressure and healthy weight, eating a healthy diet, and exercising regularly. Innovative tools and online systems give people more access than ever to information they can use to make informed, health conscious choices; and

WHEREAS, scientific research and evidence-based interventions to prevent or treat heart attacks and strokes have played an important part in making improvements. Developments in technology and discovery of early markers of heart disease have allowed doctors to diagnose and treat disease sooner than ever before. American innovators continue to develop treatments in drugs, equipment and strategies to educate Americans to stay heart healthy; and

WHEREAS, this month we stand with the families and friends affected by heart disease, and we recognize the ongoing efforts of dedicated advocates, researchers, and health care providers who strive each day to raise the awareness about heart disease in Caddo Parish.

NOW, THEREFORE, BE IT RESOLVED, by the Caddo Parish Commission, that it does hereby proclaim February 2026 as:

‘AMERICAN HEART MONTH’

in Caddo Parish, Louisiana, and urges all citizens to join with the Parish in recognition of this important month and salute those who participated in the tradition of Go Red Day by wearing red on February 6th, the first Friday in February, to raise and spread awareness to help eradicate heart disease and stroke in millions of people across the nation.

ATTEST:


Jeff Everson
Commission Clerk



Gregory Young
President



Stormy Gage-Watts
District 7



Roy Burrell
District 5