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July 2, 2024

To: All Parish of Caddo Employees

RE: Respiratory Virus Guidelines

The Center for Disease Control has provided new guidance for COVID-19 and other respiratory viruses such as RSV and Flu. Even with the recent decrease of positive COVID-19 cases in our workplace, we must remain cautious and continue taking steps to prevent the spread of respiratory viruses.

The updated guideline which is now in effect states an employee should stay home and away from others until at least **24 hours** after both their symptoms are getting better overall, and they have not had a fever (and are not using fever-reducing medication). Upon return to work, the employee should take added precautions and wear a mask for the next 5 days. Please see the attached flyer for additional guidance in the prevention of these illnesses.

These guidelines replace that dated August 29, 2022. We will continue to monitor the CDC guidelines and safety protocols to ensure the best measures are implemented to keep you safe. Please feel free to contact me should you have any questions.

Sincerely,

Cheryl McGee, SPHR, SHRM-SCP
Director of Human Resources

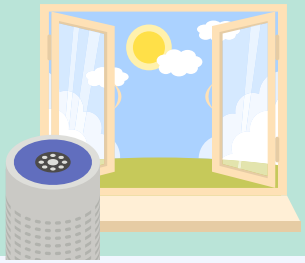
Respiratory Virus Guidance Snapshot

Core prevention strategies

Immunizations

Hygiene

Steps for Cleaner Air



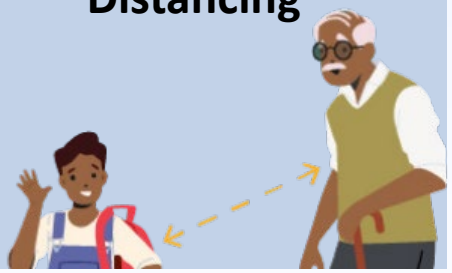
Treatment

Stay Home and Prevent Spread*

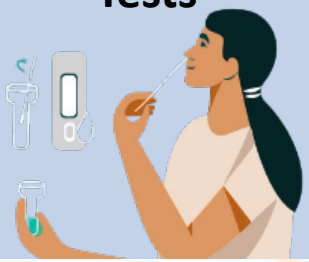
Additional prevention strategies

Masks

Distancing



Tests



Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

***Stay home and away from others until, for 24 hours BOTH:**

Your symptoms are getting better

+

You are fever-free (without meds)

Then take added precaution for the next **5 days**